

FLAG FOOTBALL LEAGUE PLAYER AGREEMENT

Player Code of Conduct & Participation Agreement

The purpose of this agreement is to establish expectations for all participants and ensure a safe, positive, and competitive environment for everyone involved in the 2026 Women's 8v8 Flag Football League. This agreement applies during practices, games, tournaments, league meetings, travel associated with league events, online communications, and any event representing the league.

By signing this agreement, I acknowledge that I have read, understand, and agree to follow the standards outlined below.

1. Player Expectations

As a participant in the league, I agree to:

- Players must be at least eighteen (18) years of age to participate. Players who are sixteen (16) or seventeen (17) years of age may participate only with written permission from a parent or legal guardian and approval from league leadership.
- Follow all league rules, policies, and game regulations.
- Demonstrate good sportsmanship at all times.
- Treat teammates, opponents, coaches, officials, volunteers, and spectators with respect.
- Promote a positive and inclusive team environment.
- Attend practices and games prepared to participate.
- Communicate with coaches or team leadership regarding absences or schedule conflicts.
- Wear appropriate athletic attire and required safety equipment during all league activities.
- Represent my team and the league in a positive manner both on and off the field.

2. Player Fees and Membership Fees

To participate in league activities, players must remain in good standing with all financial obligations.

- All league registration fees, player fees, and membership fees must be paid by the deadlines established by league leadership.

- Players with unpaid balances may be restricted from participating in practices, games, tournaments, or league events until their accounts are current.
- Payment plans may be offered at the discretion of league leadership.
- Failure to complete agreed-upon payments may result in suspension or removal from the league.

Refund Policy

- Registration, player fees, membership fees, and other payments are generally non-refundable.
- Refund requests due to injury, relocation, military obligations, or other extraordinary circumstances may be reviewed on a case-by-case basis.
- League leadership reserves the right to approve, deny, or prorate refunds when appropriate.

3. Alcohol, Drug, and Tobacco Policy

Player safety is a top priority.

I understand and agree that:

- Alcohol is strictly prohibited at all practices, games, tournaments, and league-sponsored events.
- Players may not participate in any league activity while under the influence of alcohol, illegal drugs, or any substance that impairs judgment, coordination, or safe participation.
- The use, possession, or distribution of illegal drugs at any league activity is prohibited.
- Tobacco products, vaping devices, and similar products are not permitted on the playing field during practices or games.

Violations of this policy may result in immediate removal from participation and additional disciplinary action.

4. Sportsmanship and Conduct

I agree to conduct myself in a manner that reflects positively on my team and the league.

Players shall not:

- Use abusive, threatening, discriminatory, or inappropriate language.
- Engage in fighting, physical altercations, or aggressive behavior.

- Harass, bully, intimidate, or discriminate against any participant.
- Disrespect officials, coaches, league representatives, or facility staff.
- Intentionally damage league, facility, or personal property.
- Encourage unsportsmanlike conduct from teammates or spectators.

5. Safety and Participation

I agree to:

- Play within the rules of the game.
- Avoid unnecessary roughness or dangerous conduct.
- Report injuries or medical concerns to coaches or league staff promptly.
- Follow all safety instructions provided by coaches, officials, and league representatives.
- Participate only when physically able to do so safely.
- Immediately notify league leadership of any injury that may impact my participation.

6. Concussion and Head Injury Protocol

Any player who is suspected of having sustained a concussion or other head injury during a league activity may be removed from participation immediately. A player removed for a suspected concussion or head injury may not return to play or practice the same day and may be required to provide written medical clearance from a licensed healthcare provider before returning to league activities. League leadership reserves the right to make return-to-play decisions in the interest of player safety.

7. Uniform and Equipment Requirements

Players are expected to maintain a professional appearance and comply with league equipment standards.

- Players must wear their assigned team uniform during games unless otherwise approved by league leadership.
- Flags, mouthguards, and other required equipment must be worn during league competition.
- Players are responsible for maintaining their uniforms and equipment.
- Lost or damaged league-issued equipment may be subject to replacement fees.

- Jewelry or equipment deemed unsafe by officials may not be worn during play.

8. Weather and Schedule Changes

Player safety will always be the primary consideration regarding weather-related decisions.

- Games and practices may be delayed, postponed, relocated, or canceled due to weather, field conditions, air quality concerns, or other safety considerations.
- League leadership will communicate schedule changes as soon as reasonably possible.
- Players are responsible for monitoring league communications regarding cancellations and rescheduled events.
- No refunds will be issued for weather-related cancellations beyond the control of the league.

9. Social Media and Public Representation

As a member of the league, I understand that my actions may reflect on my team and the organization.

I agree to:

- Conduct myself respectfully on social media and in public.
- Avoid posts or comments that are threatening, discriminatory, harassing, or damaging to the league, teammates, opponents, sponsors, officials, or facilities.
- Address concerns through appropriate league channels whenever possible.
- Refrain from publicly sharing confidential league, team, or player information without authorization.

10. Media Release

I grant the league permission to photograph or record league activities in which I participate and to use those images or recordings for league promotion, social media, marketing, educational, sponsor recognition, and other lawful league purposes without compensation.

11. Assumption of Risk and Release of Liability

I understand that participation in flag football involves inherent risks, including but not limited to falls, collisions, strains, sprains, fractures, illness, permanent injury, and other unforeseen risks.

I voluntarily assume all risks associated with participation in league activities.

To the fullest extent permitted by law, I release and hold harmless the league, its officers, directors, coaches, volunteers, sponsors, officials, field providers, and affiliated organizations from any liability arising from my participation, except in cases of gross negligence or willful misconduct.

In the event of a medical emergency, I authorize league representatives, coaches, or designated volunteers to obtain emergency medical treatment on my behalf if I am unable to provide consent. I understand that I am responsible for any medical costs incurred.

I understand that the league does not provide medical insurance coverage for participants and that I am responsible for my own medical expenses and insurance coverage.

In signing this agreement I agree to the above terms

12. Harassment, Bullying, and Discrimination Policy

The league is committed to providing a safe, welcoming, and inclusive environment for all participants.

Harassment, bullying, intimidation, discrimination, retaliation, or any conduct that creates a hostile environment will not be tolerated.

Prohibited conduct includes, but is not limited to:

- Verbal abuse, insults, or personal attacks.
- Threatening or intimidating behavior.
- Unwanted physical contact.
- Sexual harassment or inappropriate sexual comments, messages, or advances.
- Bullying, hazing, or targeting another participant.
- Discrimination based on race, color, national origin, age, disability, religion, marital status, veteran status, or any other protected characteristic under applicable law.
- Harassment or inappropriate conduct through social media, text messages, email, or other electronic communications.

Any participant who experiences or witnesses conduct that may violate this policy is encouraged to report the matter to league leadership as soon as possible.

League leadership will review reported concerns and may investigate allegations as deemed appropriate. Reports will be handled as confidentially as possible while allowing for a fair review of the situation.

Violations of this policy may result in disciplinary action, including suspension or permanent removal from the league without refund.

13. Conflict Resolution

Players agree to address disagreements and concerns respectfully and constructively.

- Concerns regarding teammates, coaches, officials, or league operations should first be addressed directly with the individual(s) involved in an effort to resolve the issue respectfully.
- If those efforts are unsuccessful, or if you are unable or uncomfortable addressing the matter directly, the concern should then be brought to league leadership for review and assistance.
- Players are expected to attempt respectful communication and avoid public confrontations whenever possible.
- League leadership may facilitate meetings or discussions to help resolve disputes when appropriate.
- Decisions made by league leadership regarding player conduct, safety, eligibility, and discipline are subject to the Appeals Process outlined in Section 15, where applicable.
- Questions, concerns, and written appeals should be submitted to info.capitalcityfootball@gmail.com. League leadership will direct each matter to the appropriate individual or committee for review.

14. Discipline

League leadership reserves the right to immediately remove any player, spectator, or participant from any practice, game, tournament, or league event if their conduct is deemed unsafe, disruptive, or otherwise inconsistent with the standards outlined in this agreement. Such removal may be temporary or permanent and may result in additional disciplinary action.

Players are responsible for ensuring that their invited spectators and guests conduct themselves in a manner consistent with league standards. Spectators or guests who violate league rules, facility policies, or pose a safety risk may be removed from league activities.

League leadership reserves the right to determine appropriate disciplinary action based on the nature and severity of any violation.

Failure to comply with this agreement may result in disciplinary action, including but not limited to:

- Verbal warning
- Written warning
- Suspension from practices or games
- Probationary status
- Removal from league activities
- Dismissal from the team or league without refund

Serious violations, including but not limited to harassment, discrimination, threats of violence, fighting, substance abuse violations, or conduct that jeopardizes the safety of others, may result in immediate suspension or dismissal from the league without prior warning or refund.

15. Appeals Process

- A written appeal of a disciplinary decision may be submitted to league leadership within seven (7) calendar days of the Board's written disciplinary decision.
- The Board will review the appeal and vote on the matter within seven (7) calendar days of receiving the written appeal, unless additional time is reasonably necessary to conduct a fair review.
- The Board's decision on the appeal shall be final.

16. Acknowledgment

I understand that participation in the leagues associated to the Capital City Football Association is a privilege. I agree to uphold the standards outlined in this agreement and contribute to a safe, respectful, and enjoyable environment for all participants.